Coaches guide to new rules effective September 2016 for TCYSA and District 7 Recreational Leagues.										
game to the most end of										
TCYSA Categories	Sup	erMod		Mod Socc	er		Full Field			
USSF Categories	Not Defined		Field)evelopmenta	Small Sided		Full Sided			
Age Group	4-5	6-7	8	9-10	11-12	13-14	15-16	17-19		
Teams and Players	-									
Maximum Roster	Club discretion	Club discretion	8	12	14	18	22	22		
Players on Field	3	4	4	7	9	11	11	11		
Maximum Suited Up to Play	Club discretion	8	8	12	14	18	18	18		
Minimum Playing Time (Season)	50%	50%	50%	50%	50% *1	50% *1	50% *1	50% *1		
Rules										
Game Duration (Minutes x Periods)	Club discretion	20x2	25x2	25x2	30x2	35x2	40x2	45x2		
Breaks Between Periods (Minutes)	Club discretion	5	5	5	5	5	5	5		
Overtime, if required (Minutes x Periods	No	No	No	No	10x2 *2	10x2 *2	15x2 *2	15x2 *2		
Ball Size	3	3	3	4	4	5	5	5		
Goalkeeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes		
Goalkeeper Punts and Dropkicks	No	No	No	No	Yes	Yes	Yes	Yes		
Direct Free Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes		
Indirect Free Kicks	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Penalty Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes		
Defender Distance From Free Kick (Ya	3	3	3	5	7	10	10	10		
Defender Distance From Throw-In (Yard	2	2	2	2	2	2	2	2		
Retake on Throw-In	Yes	Yes	Yes	No	No	No	No	No		
Score From Goal Kick	No	No	No	Yes	Yes	Yes	Yes	Yes		
Offside	No *3	No *3	No *3	Yes	Yes	Yes	Yes	Yes		
Slide Tackling	No	No	No	No	No 11, Yes 12	Yes	Yes	Yes		
Referee May Show Yellow/Red Cards	Not applicable	Not applicable	No *4	No *4	Yes	Yes	Yes	Yes		
Heading Ball	No	No	No	No	No 11, Yes 12 *	Yes *5	Yes	Yes		
Field and Equipment overleaf										
Items in red are TCYSA variations on USSF/WYS rules.										
*1: WYS Rule applies up through U12; older age groups reflect District 7 rule. *2: These are recommendations. Overtime determined by rules of individual league / tournament.										
	me determined	by rules of Indiv	iduai ieague / t	ournament.						
*3: Spirit of the offside rule enforced.										

- *4: Referees encourage coaches to remove young players as alternative to issuing cards. In TCYSA competition coach is required to remove a player if requested by referee.
- *5: Heading is allowed in practice/games from U14; allowed in games and 30 minutes maximum per week in practice U12/13; not allowed in games/practice up to U11.

Name	TCYSA Recreational Soccer Rules(Rev 2		Mod Soccer-				Full Field	
Towns and Players	· ·		9-10	11	12	13-14	15-16	17-19
Maximum Roster		-						
Players on Field		10	12	14	14	18	22	22
Maximum Suited Up to Play				9	9	11		
Reules	Maximum Suited Up to Play		12	14				18
25x2 25x2 30x2 30x2 35x2 40x2 45x2	Minimum Playing Time (Season)****	50%	50%	50%	50%	50%	50%	50%
Beraks Between Periods (Minutes)	Rules							
Beaks Between Periods (Minutes)	Game Duration (Minutes x Periods)***	25x2	25x2	30x2	30x2	35x2	40x2	45x2
Yes	Breaks Between Periods (Minutes)	5	5	5	5	5	5	5
No	Ball Size	3	4	4	4	5	5	5
Direct Free Kicks	Goalkeeper	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Indirect Free Kicks	Goalkeeper Punts and Dropkicks	No	No	No	Yes	Yes	Yes	Yes
No	Direct Free Kicks	No	Yes	Yes	Yes	Yes	Yes	Yes
Defender Distance From Free Kick (Yards) 3	Indirect Free Kicks	Yes						
Defender Distance From Free Kick (Yards) 3	Penalty Kicks	No	Yes	Yes	Yes	Yes	Yes	Yes
Defender Distance From Throw-In (Yards) 2 2 2 2 2 2 2 2 2		3	7	7	7	10	10	10
Score From Goal Kick No Yes	Defender Distance From Throw-In (Yards)	-	2	2	2	2	2	2
Offside No Yes Yes<	Retake on Throw-In	Yes	No	No	No	No	No	No
No No No Yes	Score From Goal Kick	No	Yes	Yes	Yes	Yes	Yes	Yes
No	Offside	No	Yes	Yes	Yes	Yes	Yes	Yes
No No No No No Yes Yes Yes Yes Yes Yes	Slide Tackling	No	No	Yes	Yes	Yes	Yes	Yes
Field and Equipment Field Size Length x Width (Yards) Center Circle Radius (Yards) 30x40 60-70x40-50 70-80x45-55 70-80x45-55 100-115x50-75 100	Referee May Show Yellow/Red Cards	No *	No *	Yes	Yes	Yes	Yes	Yes
Size Length x Width (Yards) 30x40 60-70x40-50 70-80x45-55 70-80x45-55 100-115x50-75 100-115x50-7	Heading Ball	No	No	No	Yes	Yes	Yes	Yes
3 8 8 8 10 10 10 10 10	Field and Equipment							
Penalty Area Width x Depth (Yards) Roal Area Width x Depth (Yards	Field Size Length x Width (Yards)	30x40	60-70x40-50	70-80x45-55	70-80x45-55	100-115x50-75	100-115x50-75	100-115x50-75
Goal Area Width x Depth (Yards) Renalty Mark (Yards) No 10 10 10 12 12 12 12 Goalposts Width x Height (Feet) Rox Build Out Line Halfway line** **Referee may ask players to exit field when necessary **Midpoint between top of penalty area and halfway line ***Summer Recreational League plays 30 minute halves for U11 and older ***Substitutions may be made at any stoppage of play with permission of the referee	Center Circle Radius (Yards)	3	8	8	8	10	10	10
Penalty Mark (Yards) Goalposts Width x Height (Feet) 6x8 12-18x6 18x6 18x6 18x6 24x8 24x8 24x8 24x8 Build Out Line Halfway line** Midpoint** Midpoint** None None None None None None None None None *Referee may ask players to exit field when necessary **Midpoint between top of penalty area and halfway line ***Summer Recreational League plays 30 minute halves for U11 and older ***Substitutions may be made at any stoppage of play with permission of the referee	Penalty Area Width x Depth (Yards)	No	12X24	36X14	36X14	44x18	44x18	44x18
Goalposts Width x Height (Feet) 6x8 12-18x6 18x6 18x6 18x6 None None None None None None None None	Goal Area Width x Depth (Yards)	8x3	8x4	16X5	16X5	20x6	20x6	20x6
Build Out Line Halfway line** Midpoint** None None None None None None *Referee may ask players to exit field when necessary **Midpoint between top of penalty area and halfway line ***Summer Recreational League plays 30 minute halves for U11 and older ****Substitutions may be made at any stoppage of play with permission of the referee	Penalty Mark (Yards)	No	10	10	10	12	12	12
*Referee may ask players to exit field when necessary **Midpoint between top of penalty area and halfway line ***Summer Recreational League plays 30 minute halves for U11 and older ****Substitutions may be made at any stoppage of play with permission of the referee	Goalposts Width x Height (Feet)	6x8	12-18x6	18x6	18x6	24x8	24x8	24x8
Midpoint between top of penalty area and halfway line *Summer Recreational League plays 30 minute halves for U11 and older ****Substitutions may be made at any stoppage of play with permission of the referee	Build Out Line	Halfway line**	Midpoint**	Midpoint**	None	None	None	None
Midpoint between top of penalty area and halfway line *Summer Recreational League plays 30 minute halves for U11 and older ****Substitutions may be made at any stoppage of play with permission of the referee								
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Summer Recreational League plays 30 minute halves for U11 and older *Substitutions may be made at any stoppage of play with permission of the referee	**Midpoint between top of penalty area and halfway line							
	· · · · · · · · · · · · · · · · · · ·		J11 and older					
BUILDOUT LINE	****Substitutions may be made at any stoppage of play with permission of the referee							
BUILDOUT LINE								
	BUILDOUT LINE							

PURPOSE		
Use of the buildout line promotes playing the ball out of the back in a less pressured setting.		
For more information on the buildout line, please visit www.ussoccer.com		
APPLICATION		
Goal-kick. The opposition can enter the buildout area as soon as the ball leaves the penalty box.		
GK in possession with his or her hands. The opposition can enter the build out area as soon as the goalkeeper	outs	
the ball into play. EXIf the goalkeeper makes a save and is in possession with his or her hands, the opposition must		
retreat behind the buildout line until the goalkeeper puts the ball on the ground and the ball is in play.		